



Is it Art?

LEASHES ON LIFE: Meditation has made big inroads in the West in the past few decades, having moved from odd-mysticism status to being embraced by the scientific community when the Dalai Lama and some of his buddies participated in brain scans at the University of Wisconsin and showed how brightly their happy sectors glowed. Still, James Jacobson, author of *How to Meditate With Your Dog*, probably has his work cut out for him. Or maybe not, because he's busy living in the moment with his peaceful lapdog Maui, forging a human-canine spiritual connection that no game of fetch could afford. The book, published by Maui Media, will be available in bookstores this fall.

